

Bob's Wrist Rest

By Howard Feller

Strange name. It's not a "rest", it's a throttle lock. A lock of this kind is a device I value. I wouldn't go on a ride over a half an hour without one. Not on purpose anyway. Bad things happen to my right hand and shoulder if I can't get some relief from the constantly griping the throttle. I had a lock on my K 75 and I have one on my R1100RS.

Getting the suspense out of the way, I give Bob's version 2 out of 5 stars. It works, it's easy to install and costs about \$85 plus postage. Just unscrew the bar end weights, put some mild thread lock on the screws, put the "rest" on the right side and the matching weight on the left. Turn the knurled end to achieve the desired amount of friction against the right grip and away you go. It works.

Why the low rating? Because it works, but only for a while. Problems start when the temperature changes. Something, the grip itself I think, is effected and the amount of friction, previously dialed in, changes. If it gets colder (or you turn off the grip heater) things get loose resulting in less or no lock effect. If it gets warmer (or the heat is turned on) things get tighter, potentially a lot tighter. That condition can be more dangerous. So, one has to keep an eye (a hand?) on this thing all the time and adjust. There have been days I've loosened it five to ten times in the course of a morning as the sun warmed things up. That's a pain, but it's less of a pain than having to stop riding to unclench my hand.

There's another version of this device that screws in perpendicularly to the grip and puts pressure against a part of the throttle mechanism that is not affected by temperature. I had one on my old K 75. That one was made by Throttlemiester I believe. It went into a pre drilled hole. I would give it five stars. I think that company (or some company) makes a version for my present bike, but the bike has no convenient existing hole. So, parts have to be taken off, shipped, drilled and sent back. More bother than I'm up for at the moment. Besides, the one I have is installed, paid for, working and I've gotten used to it's quirks. A luke-warm endorsement for sure, but that's all you get with 2 stars.